



Grands Vaux Primary School

Headteacher: Miss Maria McCool



Tuesday, 17 October 2023

Dear Parents and Carers,

Welcome to newsletter 2. The first ½ of this term has passed by extremely quickly as we go into the ½ term break already.

Flourish Start Date Mon 30th October:

A reminder that Flourish will start hot lunches after ½ term. Paperwork was sent out in an earlier email – if you do need more information please get in touch and we can share this with you again. The deadline for registration, payment and selection of meals for start date of Monday 30th October, is Sunday 22nd October.

Flourish contact details – flourish@caringschoolsofjersey.com or 01534 539009

Pumpkin Carving Competition:

We would like to invite all children to take part in a pumpkin carving competition.



We shall send the children home with a small pumpkin on Friday 20th October. Advice from our supplier is that carving should be completed within a timeframe of a maximum of three days in advance of judging to avoid perishing and collapse. The children are to bring their completed pumpkin design into school on Monday 30th October for judging. We therefore suggest carving is undertaken from Friday 27th October onwards. Please give careful consideration to the design to ensure it is suitable for school. Entrance into the competition will cost 50p. The judges will decide upon the best designs and we shall have a winner from each class and an overall prize for the class with the most entries.



If you **do not** want your child to come home with a pumpkin please let us know by **Thursday 19th October**. We shall presume all families would like to have a pumpkin and to take part in the carving.

Free Second-Hand Uniform:

As you are aware our take rails in the front entrance to school are unnamed lost property that have not been claimed and so can be taken if needed free of charge.

I have also been made aware of the following Facebook page – School Clothes Bank Jersey CI – free second-hand uniform - (<https://www.facebook.com/profile.php?id=61551584833195>)

Meet the Teacher Thursday 21st September:

Thank you to those families that were able to attend the Meet The Teacher this year. Following the trial of a new format this year the attendance at Meet the Teacher was higher than last year. Feedback provided has been positive, if you haven't had a chance to provide feedback then please do so as we can use this to refine our processes.

Class	Parents/Carers attended	Oct 22 numbers attended
R	15%	-
1	36%	1
2	23%	4
3	18%	0
4	57%	3
5	29%	0
6	36%	2
TOTAL	Av 31%	8% of children

DATES:

INSET Dates – Wednesday 27 March 2024, Friday 24 May 2024 - school is closed to the children



Children and Families Hub Flyers:



Please see attached flyers outlining some up and coming offers of training and support –

1. Free Mindfulness Course
2. Family Transitions Triple P

Children and Families Hub Programme Offers:

Play and Connect Monthly Drop in Session

Discover how play and connection can promote positive mental health for your children and teens.

Join practitioners from CAMHS Early Intervention team, Mind Jersey and the Children and Families Hub to learn about play and discuss any concerns or worries you may have about your child's development or mental health.

Who is it for? For parents, carers and their children up to 18 years old.

Please note that you can attend alone, without your child.

When is it happening? The last Tuesday of every month, 12:30 – 14:30.

How can I take part? Please feel free to drop into The Bridge on the above date and time, or for more information contact the Children and Families Hub team on 01534 519000, or email childrenandfamilieshub@gov.je.

Free online Mindfulness Course (see attached flyer)

Tina Hesse (Early Intervention Team Manager at CAMHS) welcomes parents and carers to join her for a free 6-week course on mindfulness. Weekly sessions are outlined below:

1. Waking up to auto pilot / 2. Tuning into thoughts and feelings / 3. Exploring difficulty and building resilience / 4. Relating to ourselves and others / 5. Cultivating balance in our lives / 6. Mindfulness and the rest of your life.

Who is it for? For parents/carers of children aged up to 18 years

When is it happening? Wednesday 1st November-6th December 2023, 18:30-19:30.

How can I take part? Sessions will be held online via Teams. Please contact the Children and Families Hub team on 01534 519000, or email childrenandfamilieshub@gov.je to register your interest and for the links to the sessions.

Family Transitions Triple P (see attached flyer)

What is it? A 5-week programme for parents who are experiencing personal distress from separation or divorce, which is impacting on or complicating their parenting.

The programme aims to support parents to learn:

- ways to talk to your child about separation and divorce.
- how to manage and cope with emotions.
- effective communication and how to manage conflict.
- how to balance work, family, and play.

Who is it for? Parents who are considering or going through separation or divorce with children aged up to 18 years of age.

When is it happening? Tuesdays between 14th November – 12th December, total of 5 sessions at Bermuda House, between 18:00 - 20:00

How can I take part? Please contact the Children and Families Hub team on 01534 519000, or email childrenandfamilieshub@gov.je.

St Helier Repair Café (reminder):

Janvrin School will be hosting the St. Helier Repair Cafe every month. A repair cafe is a place for people to come along to get faulty and broken belongings fixed for free. Run by volunteers, the idea is to learn from others how to repair everyday items and develop environmental awareness by trying to avoid throwing things away.

The Repair Café will then run 9.30-1pm on each of the following dates at Janvrin School:

- 28th October
- 25th November
- 16th December

Please do not hesitate to get in touch if you have any queries, concerns or there is anything I can do to help and support you with your child's learning and school life. All at Grands Vaux Primary School are committed to the well-being of your child/ren so if we can help, please let us know.

Kind regards

Miss Maria McCool – Headteacher

